

### MEAL PLAN WAIVER PROCEDURE 2026-2027

All students living on campus in a residence hall are required to have a meal plan. Requests for exemptions from meal plans may be made only for medical reasons (e.g. medically prescribed diets that cannot be provided by Culver-Stockton College Dining Services) or religious reasons. Failure to participate in the dining program, class conflicts, sports, employment schedules, finances, or vegetarian/vegan/organic diets are not viable reasons for exemption from the meal plan requirement. A charge will result until a waiver is granted. Applications for meal plan reductions/exceptions must be submitted within the first two weeks of a semester (except in cases where a student has received a new medical diagnosis). Meal plan waivers, if approved, expire at the end of the spring semester. The student must reapply each academic year.

Culver-Stockton College considers requests for meal plan waivers utilizing the criteria outlined below. Waivers are not granted for financial reasons or for reasons of non-essential food preferences, or likes or dislikes. Failure to participate in the dining program does not and will not automatically release a student from his/her dining contract. All requests are considered on an individual basis.

The student must have dietary requirements that cannot be accommodated by Dining Services. In such cases, the Office of Accessibility & Accommodations and the Director of Dining Services will review the submitted materials and determine whether or not the specific requirements can be accommodated.

Students requesting a meal plan waiver should submit this form to the Office of Accessibility & Accommodations at [accommodations@culver.edu](mailto:accommodations@culver.edu). Requests based upon a medical dietary requirement must be accompanied by written confirmation from a licensed medical provider (see Meal Plan Waiver Request form). It is expected that students will take the responsibility for making the correct choices of foods that their medical diet may require. If you are requesting an exemption for religious reasons, your religious leader will need to complete the form providing a summary of your religious-based dietary needs. If you plan on cooking all your meals in a kitchen on campus, please provide information on how this kitchen will be able to provide you with the environment that you need to practice your religion (i.e. Kosher/Halal kitchen, etc.)

If granted a meal plan waiver may result in an adjustment to the student's college and/or federal financial aid as a full board plan is included when calculating the student's cost of attendance.

#### Process for Consideration of Requests for Meal Plan Waivers

Students requesting a meal plan waiver should submit this completed form and any required attachments to the Office of Accessibility & Accommodations at [accommodations@culver.edu](mailto:accommodations@culver.edu) for consideration. Requests should be submitted within the first two weeks of a semester (except in cases where a student has received a new medical diagnosis) and will be reviewed in consultation with the Director of Dining Services. A good-faith effort will be made to notify the student of the status of his/her request in a timely manner. All decisions are final.

Name: \_\_\_\_\_ Date: \_\_\_\_\_ ID#: \_\_\_\_\_

Reason for meal plan waiver request:  Medical  Religious

PHYSICIAN INFORMATION 2025-2026

This must be completed by a licensed physician. Please be detailed and specific in responding to each item as this will assist in evaluating this student's request for a Culver-Stockton College meal plan waiver. Attach additional sheet(s) if necessary.

1. Describe the exact nature of the medical condition(s) that would prevent this student from eating in the C-SC dining facilities.
2. Provide the history of the specific medical condition, including the date the problem was diagnosed, the number of visits related to this condition, treatments, and the date of the last visit.
3. How would this medical condition be adversely affected by this student eating in the C-SC dining facilities?
4. Please provide a detailed list of foods that are NOT to be eaten.
5. Please provide a detailed list of foods that MAY be eaten on a regular basis.
6. What is the student's plan for meeting his/her nutritional needs without a campus meal plan?

Physician Name: \_\_\_\_\_ Phone: \_\_\_\_\_

License #: \_\_\_\_\_ State of Practice: \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State ZIP

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

RELIGIOUS INFORMATION 2025-2026

The first part of the form must be completed by a religious leader who is knowledgeable about the dietary needs of your religious tradition. They must be a non-relative. Please be detailed and specific in responding to each item as this will assist in evaluating this student's request for a Culver-Stockton College meal plan waiver. Attach additional sheet(s) if necessary. The last question on the form must be completed by the student.

1. Does this student practice a religion that has specific dietary requirements?  Yes  No
2. What is the name of the religious tradition?
3. Please describe in as much detail as possible the religious-based dietary needs, practices, or requirements that the student must follow:

Religious Leader's Name (Please print): \_\_\_\_\_

Religious Leader's Signature: \_\_\_\_\_

Name and Address of Place of Worship (Street, City, State, ZIP): \_\_\_\_\_

\_\_\_\_\_

Phone Number: \_\_\_\_\_

**QUESTION FOR STUDENT:** If you plan on cooking all your meals in a kitchen on campus, please provide information about how this kitchen will be able to provide you with the environment that you need to practice your religion (i.e. Kosh/Halal kitchen, etc.). If you will not be using a kitchen on campus, how will your meals be provided?

I understand that if granted a meal plan waiver, this may result in an adjustment to my college and/or federal financial aid as a full board plan is included when calculating the student's cost of attendance.

Student Signature: \_\_\_\_\_ ID#: \_\_\_\_\_